



Information and Rules

IKO MATSUSHIMA'S 6th EUROPEAN OPEN KYOKUSHIN KARATE CHAMPIONSHIPS

Kumite. Men and Women.

Dates:

November 14th, 2009 in Casarano (Lecce) Sud-Italy on the Sports Palace "EUROITALIA" .

Organizers:

- European Kyokushinkaikan Karate Organization, President Shihan Klaus Rex, Spain;
- The I.K.K.O Italian Kyokushinkai Karate Organization is officially hosting the "6th European Open Karate Kyokushin Championship" under the direction of BC Sensei Tommaso Nicoletti.

Supreme Supervisors:

- President IKO Kancho Yoshikazu Matsushima, Japan;
- Vice-president IKO Shihan John Taylor, Australia;

Head Referee:

- Shihan József Borza, Hungary;

PROGRAM:

THURSDAY. 12TH
NOVEMBER

- Reception Athletes and them Staff Tecnico / Sporting near the airports in Brindisi with following transport in the place of **Gallipoli** for arrangement in the Hotel.

FRIDAY, 13TH

- **Morning.** Ore 09,00 A.M. Recording and weight of the athletes for insertion in the categories of destination. Distribution of local objects of production as souvenir of the demonstration to all the athletes and the Staff.
- **Afternoon.** Ore 06,00 P.M. Meeting of Judges and Arbiters of competition for the international updating.

SATURDAY, 14TH

- **Morning.** Ore 09,00 A.M. Preliminary of all the Categories of weight.
- **Afternoon.** Ceremony of Official Opening of the European Championship with free entrance of the spectators; Semifinals and Endings with intervals of cultural and Sporting exhibitions.

SUNDAY, 15TH

- Ore 09,30 A.M. Branch Chief Meetings.
- Ore 03,00 P.M. International Training with the President of the Organization World Karate Kyokushin Yoshikazu Matsushima.
- Ore 05,00 P.M. DAN Test

MONDAY, 16TH

- End of official program. Transport Athletes and them Staff Tecnico / Sporting near the airports in Brindisi from the place of Gallipoli.
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Competitors:

This tournament is open to all styles and organisations;

Fighters should be a minimum of 18 years of age; and at least 4th Kyu;

Fighters should have a medical certificates should include health check, HIV test, Hepatitis B&C test that approves participating;

Fighters must fight in white Dogis;

Besides the European Teams there will be teams from other countries and regions as well;

Fighting Divisions:

Male: The competitors can participate in one category

Lightweight: -70 Kg

Middleweight: 70 - 80 Kg

Open weight : (compulsory for 80kg+)

Female: The competitors can participate in one category

Lightweight: -60 Kg

Middleweight: 60 –(-65) Kg

Heavyweight: +65 Kg

Rules:

Competitions are conducted to the rules of International Karate Organization (IKO).

Rules in preliminaries bouts:

Men: 3 min + 2 min + weighing (In case of more than 5 kg (light/middleweight) and 10 kg (Open weight)) difference there will be another extension) + 2 min;

Women: 3 min + 2 min + weighing (In case of more than 3 kg difference there will be another extension)+ 2 min;

Rules and duration of semi-final and final:

Men: 3 min + 2 min + weighing (In case of more than 5 kg difference the breaking is taken into account) + Tameshi Wari + 2 min

Women: 3 min + 2 min + weighing (In case of more than 3 kg difference the breaking is taken into account)+ Tameshi Wari + 2 min;

Tameshi Wari:

- SEIKEN (punch with the fist);
- SHUTO (Strike with the edge of hand);
- HIJI (Elbow strike).
- KAKATO GERI (Heel kick);

Min. amount of boards: Men - 2 boards, Women – 1 board;

Equipment:

Groin Guard, Mouth Guard (optional), NO gloves - all fights are bare knuckles, NO head protector, NO shin pads, Women only soft types of breast protectors, Karate dogi only (no T-Shirt under dogi for males)

VISA:

Please refer to the Italy Embassy in your home country for VISA information and VISA application.

Please apply for VISA in time.

To the countries which need official invitation for registration of VISA, it is needed to deport the copies of passports **BEFORE September 30th**.

Deadline for Visa and Championships Enrolments to September 30th.

Accommodation:

Joli Park Hotel - (Gallipoli) - <http://www.attiliocaroli.it/jolipark/>

A selection of accommodation is available:

Camera Singola/Single Room	€ 45,00
Camera Doppia/Double Room	€ 65,00
Camera Tripla/Triple Room	€ 80,00
Camera quadrupla/Quadruple Room	€ 95,00

Fighter's Participation Fee: - - - - -

Sayonara Party: 25 Euros

Officials and Fighters have FREE ENTRY

DRESSCODE: OFFICIAL UNIFORM

Information:

Organiser: Branch Chief Sensei Tommaso Nicoletti

Sensei Casto Samuele (Deputy European President)

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