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2010 MATSUSHIMA CANADIAN CHAMPIONSHIPS

KYOKUSHIN KARATE TOURNAMENT

KATA AND SEMI-CONTACT COMPETITION FOR JUNIORS
FULL CONTACT KNOCKDOWN COMPETITION FOR ADULTS

SATURDAY, MAY 29 @ 10 AM

KIRKLAND ARENA
16950 HYMUS BOULEVARD
KIRKLAND, QUEBEC
CANADA

INFO: SENSEI JOHN KALAIPOPOLOS
WEST ISLAND KYOKUSHIN KARATE
514-426-5847
SENSEI@WESTISLANDKARATE.COM

WWW.WESTISLANDKARATE.COM



PHOTOS BY DAVID BOILY (www.davidboily.com)

KIDS PHOTOS BY DAVID BOILY (www.davidboily.com)

KNOCKDOWN PHOTOS BY RICK KATIGBAR (www.rickkatigbar.com)

PHOTOS BY MIKE WOOD (0014684358@comcast.com)



Dear Shihan, Sensei, Sempai,

I would like to invite you and your dojo to the **2010 MATSUSHIMA CANADIAN CHAMPIONSHIPS**, the 9th edition of our annual tournament, which will be held on the **29th of May**. Once again, last year's tournament was a tremendous success with a high level of competition between various Kyokushin and other types of schools from Eastern Canada, the United States, Aruba(!) and all over Quebec, including dojos from the World Kanreikai organization.

The tournament is open to *any* school regardless of affiliation or style and follows standard Kyokushin tournament rules. It provides an excellent opportunity for students to showcase their skills in a competitive environment, and fosters camaraderie and friendships not only between competitors, but also between different Sensei, dojos and organizations.

During the day, we will feature the juniors (under 18) in Kata and Semi-Contact competition. This will be followed by a Full Contact Knockdown competition for adults in the evening.

There will be five tatamis and the registration will be automated to increase efficiency and reduce waiting time. Divisions deemed to be excessively large will be split up to offer better opportunities for competitors.

Our guest of honour this year will be the North American Chairman and Canadian Branch Chief of I.K.O. Matsushima, **Shihan Roman Szyrajew** (7th Dan).

Last year's tournament demonstrated exceptional spirit and cooperation amongst the schools, making the event memorable for all participants. I look forward to seeing you and your dojo at the 2010 Matsushima Canadian Championships.

Osu,

John Kalaidopoulos
Director, Matsushima Canadian Championships Tournament
West Island Kyokushin Karate

TOURNAMENT DETAILS

Date: Saturday, May 29, 2010 (**registration deadline is midnight, May 21, 2010**)

Place: Kirkland Arena, 16950 Boul. Hymus, Kirkland (Quebec)

Time: Starts at 10:00 a.m. (**all participants must report by 9:00 a.m.**)

Tournament Fee: \$40 per Junior Participant (daytime)
No Fee for Adult Full Contact Participants (evening)

Spectator Fee: \$8 per Person for Daytime Competition (Juniors Kata and Semi-Contact)
\$15 per Person for Evening Competition (Adult Full Contact)
\$20 per Person for All Day Ticket

* Daytime competitors may attend the evening full contact competition
free of charge.

Prizes: Trophies will be awarded to the top three placings in each of the Junior divisions.
All kata competitors will receive medals regardless of placing.

Trophies will also be awarded to the top three dojos for the highest accumulated average score for kata and kumite combined (applicable to daytime Juniors competition only).

Equipment for Juniors (daytime competition):

- Standard sparring helmet
- Lightweight gloves covering hand and forefist, but not the forearm
- Shin instep pads
- Sports cup for males is required
- Mouth guard is required
- Chest protectors will be provided and are mandatory for all competitors 12 and under, optional with permission from the competitors' instructor for ages 13 and up
- Some forms of safety gear will not be permitted if they are deemed dangerous or if they offer an unfair advantage
- No taping, wrapping, or bracing of hands or feet is allowed

Please check with the organizer if you have any questions about equipment. If there is any dispute concerning equipment, the tournament director's decision will be final.

Judges and Referees:

Judges and referees (rank of Shodan or higher) will be chosen from all participating dojos. Brown belts (Ikkyu/Nikkyu) may also act as judges and/or referees with the permission of Shihan Roman in the event that we have insufficient numbers. We will try to have a fair and equal representation from all dojos regardless of affiliation or style, and welcome any qualified judge/referee to participate from any organization. Priority will be given to those of higher rank and/or those with prior judging experience.

Judging will follow standard Kyokushin semi-contact rules for daytime Juniors, and standard Kyokushin full contact rules for the adult evening competition.

REGISTRATION DEADLINE AND PAYMENT

Registration Deadline: **Midnight, May 21, 2010**

**In order to avoid delays on the day of the tournament,
registrations will NOT be accepted after the deadline!**

Contact and Payment Info: John Kalaidopoulos, Sensei
West Island Kyokushin Karate
550 Beaconsfield Blvd.
Beaconsfield, Quebec.
H9W 4E2
(514) 426-5847
sensei@westislandkarate.com
www.westislandkarate.com

Payment Method: Cash or certified cheque payable to

West Island Karate (tournament)

Sorry, no personal cheques will be accepted.

JUNIOR TOURNAMENT RULES (DAYTIME)

Kata:

There will be 3 to 5 judges per tatami (court) judging katas.

Each participant must announce the following to the judges prior to performing his/her kata:

1. Name
2. Dojo or style
3. Name of the kata or form

Kata competitors will be judged according to:

- Strength, movement and balance of stances
- Knowledge of their respective kata or form
- Overall presentation and confidence

The judges' scores will be combined to determine the final score for each competitor.

Please note: In the event of a tie for any of the top three places, the tied competitors will be asked to perform another kata to break the tie. **Preference will be given to the competitor who performs a higher kata or form that exhibits a greater degree of difficulty for their respective level in the tiebreaker.**

No coaching or instruction* will be permitted during the performance of a kata. Doing so may result in point deductions or disqualification at the discretion of the judges. The judges' decision is final.

* With the exception of the 5 and under category. If requested, the head judge (and only the head judge) is permitted to give timing without penalty to the competitor.

JUNIOR TOURNAMENT RULES (CONTINUED)...

Kumite:

Standard Kyokushin Semi-Contact rules apply. A competitor may win by points (wazari or ippon) or by decision if they show superior technique and/or fighting spirit. A full explanation of the rules will be given to all competitors prior to the commencement of the kumite competition.

Kumite matches will have 2 or 4 corner judges with a center referee (the Sushin) who will have the final say in any bout. **The Sushin may disqualify any participant as a result of poor sportsmanship, foul language or disrespectful behavior exhibited by that competitor, their coach or their parent(s). The judges' decision is final and must be respected. What is not tolerated in the dojo, will not be tolerated at the tournament.**

Duration of Bouts:

- Ages 5 and under: 2 minutes with no extensions in the preliminaries.
Maximum of one 1 minute extension (if necessary) only if it is to decide a top three placing in the division (semifinal or final).
- Ages 6-13: 2 minutes with no extensions in the preliminaries.
Maximum of two 1 minute extensions (if necessary) only if it is to decide a top three placing in the division (semifinal or final).
- Ages 14-17: 2 minutes with no extensions in the preliminaries.
First extension: 2 minutes. Second extension: 1 minute. Extensions are used only to decide a top three placing in a division (semifinal or final).

Legal (Allowed) Techniques:

Head (Jodan)

- Round kicks/circular (mawashi) *with control* - excluding the face. All strikes must be sufficient enough to demonstrate intent and control of a technique. It is at the Sushin's discretion to determine whether a point is awarded or whether a warning should be given for excessive force or lack of control.

Torso (Chudan)

- Straight or round kicks to the front or side of the torso
- Knee kicks for ages 14 & up only
- All punches to the front of the torso

Legs (Gedan)

- Round kicks (mawashi) to the legs, *above* the knee on the outside
- Round kicks (mawashi) to the inside of the legs for ages 14 & up only

JUNIOR TOURNAMENT RULES (CONTINUED)...

Illegal (Disallowed) Techniques:

Head (Jodan)

- Any hand or arm techniques to the head
- Knee techniques
- Straight kicks (Mae, Yoko, Ushiro Geri)

Torso (Chudan)

- Open hand techniques (Shuto, Shotei ...)
- Strikes of any kind to the back

Legs (Gedan)

- Any straight kicks (Mae, Yoko, Ushiro Geri...)
- Strikes to the sides of the knee or below the knees
- Leg sweeps of any kind

Striking the groin is illegal.

No grabbing, holding, pulling or pushing of any kind is permitted.

Illegal strikes are strictly prohibited and may result in immediate disqualification at the Sushin's or tournament director's discretion. Full explanation will take place prior to the Kumite competition.

Size of Tatamis:

Each tatami or court (competing area) will be roughly 15 x 15 feet. There will be five courts to ensure that we can have as many divisions as possible competing simultaneously.

JUNIOR DIVISIONS

AGE	BELT COLOUR	KYU	COMPETITION	GENDER
5 & UNDER	ALL LEVELS	10 & UP	KATA	M & F
			KUMITE	M & F
6 - 7	WHITE - ORANGE/BLUE BAR	10 - 9	KATA	M & F
			KUMITE	M
	BLUE - YELLOW/GREEN BAR	8 - 5		KATA
			KUMITE	
	GREEN & UP	4 & UP		KATA
			KUMITE	
8 - 9	WHITE - ORANGE/BLUE BAR	10 - 9		KATA
			KUMITE	M
	BLUE - YELLOW/GREEN BAR	8 - 5		KATA
			KUMITE	
	GREEN & UP	4 & UP		KATA
			KUMITE	
10 - 11	WHITE - ORANGE/BLUE BAR	10 - 9		KATA
			KUMITE	M
	BLUE - YELLOW/GREEN BAR	8 - 5		KATA
			KUMITE	
	GREEN & UP	4 & UP		KATA
			KUMITE	

JUNIOR DIVISIONS (CONTINUED)...

AGE	BELT COLOUR	KYU	COMPETITION	GENDER
12 - 13	WHITE - ORANGE/BLUE BAR	10 - 9	KATA	M & F
			KUMITE	M
				F
	BLUE - YELLOW/GREEN BAR	8 - 5	KATA	M & F
			KUMITE	M
				F
	GREEN & UP	4 & UP	KATA	M & F
			KUMITE	M
				F
14 - 15	WHITE - ORANGE/BLUE BAR	10 - 9	KATA	M & F
			KUMITE	M
				F
	BLUE - YELLOW/GREEN BAR	8 - 5	KATA	M & F
			KUMITE	M
				F
	GREEN & UP	4 & UP	KATA	M & F
			KUMITE	M
				F
16 - 17	WHITE - ORANGE/BLUE BAR	10 - 9	KATA	M & F
			KUMITE	M
				F
	BLUE - YELLOW/GREEN BAR	8 - 5	KATA	M & F
			KUMITE	M
				F
	GREEN & UP	4 & UP	KATA	M & F
			KUMITE	M
				F

Belt colours are those used by I.K.O. Matsushima for the corresponding Kyu. In the event of a difference in the belt colouring system, **the Kyu will always take precedence.**

Please note that we reserve the right to combine or eliminate divisions, or to move any individual into another division on the day of the tournament.



JUNIOR DAYTIME EVENTS REGISTRATION

Last Name _____ First Name _____

Address _____ City _____ Country _____

Tel _____ Date of Birth (yy/mm/dd) _____

M/F _____ Weight (lbs)* _____ Height (ft. in.) _____ Kyu _____

Dojo _____ Instructor _____ Style _____

Please check all that apply: KATA _____ KUMITE _____

*** Please note that the weight will be subject to verification by tournament officials. A competitor will be disqualified if there is too much of a difference between the declared and verified weights.**

I, the undersigned, do hereby submit my application for the **Matsushima Canadian Championships** karate tournament held on the 29th of May, 2010, in Kirkland, Quebec. I hereby assume full responsibility for any or all injuries or damages or losses that may be sustained or incurred by me while competing or while in attendance at said event.

I also acknowledge the inherent nature of this tournament and the possibility of injury as the competition involves some contact. Therefore, I hereby waive all claims against The Canadian Kyokushin Organization, Shihan Roman Szyrajew or West Island Kyokushin Karate or any person involved therein, or in the I.K.O. Matsushima Group or any agents of said organizations, promoters, staff, judges, referees or competitors of the tournament against any injuries or damages or losses that may occur or that I may suffer and hereby consent not to sue any such individuals or organizations involved in the said tournament for any reason whatsoever, as I hereby certify that I am assuming all risks resulting from this tournament. It is understood that this is a sporting event that involves physical contact. It is understood that any treatment given for any possible injury will be of first-aid type only. I give consent to any and all reproduction of my likeness created in any manner (pictures, videos and the like) for promotional or publicity use and waive any claim for compensation. Please note that this is an application and may be refused at the organizer's discretion, and that there will be no refund whatsoever by reason of any kind of disqualification or expulsion. **The director reserves the right to verify any information by asking for picture identification or re-weighing of any competitor. Immediate disqualification without reimbursement from the tournament will be the result of any false information provided, including as to weight, rank or age.**

I have fully read, understand, and agree to all the terms of the application and rules of the tournament. Signed:

Signature _____ Date _____ City _____
(Signature of parent or guardian)

ADULT FULL CONTACT

All competitors must be 18 years of age or older and representing a Sensei or dojo.

Time: Starts at 7:00 p.m.

- All competitors must report for weigh-in during the day before 12:00 p.m. noon
- All Senseis, coaches and competitors must report to the Kirkland Arena at 6:00 p.m. for the fighters meeting where all the rules will be explained.

Equipment: No protective equipment is permitted in Kyokushin Knockdown with the exceptions of:

- A jock strap/support cup - mandatory for all male competitors
- A chest protector for female competitors - will be provided
- Mouth guards are permitted

Tournament officials must approve any equipment brought by a competitor.

There will not be any taping or bandaging allowed except to close cuts or scrapes which must be verified by a tournament official.

Divisions:

MEN

LIGHT-WEIGHT 160 LBS OR LIGHTER	MIDDLE-WEIGHT 161-185 LBS	HEAVY-WEIGHT 186 LBS OR HIGHER
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WOMEN

To be determined on the day of the tournament

The director of the tournament reserves the right to combine, add, or eliminate any knockdown divisions if there are too many or insufficient competitors.

Adult Full Contact Rules (Evening)

Standard Kyokushin Knockdown rules apply. The rules will be explained prior to the commencement of the knockdown competition.

A match is won when one competitor either scores a full point (IPPON) or is given a decision by the Sushin (head referee/judge) based on a majority decision of 3 or more judges including the Sushin. Two WAZA-ARI (half points) constitute an IPPON. A win is also awarded if an opponent is disqualified or withdraws from the match.

An ippon is awarded if the will of the opponent is stopped for more than 3 seconds.

A waza-ari is awarded when an opponent is stopped for less than 3 seconds.

When no definite ippon or waza-ari has been scored, the judges may award a win by decision on the basis of superior techniques, skill and fighting spirit.

In the event that the Fukushin give a competitor 2 flags at decision time, the Sushin may award the fight to that competitor or call a draw. If a competitor receives only 1 flag, he/she cannot win.

If a competitor cannot continue because of an injury or unintentional illegal technique by the opponent, the fight is awarded to the uninjured competitor. If the injury is caused by a voluntary illegal technique, the competitor at fault may be given a chui, genten or shikkaku, depending on the severity. If the injured competitor cannot continue that fight, he/she wins and the other loses the match by shikkaku. The injured competitor then goes on to the next round, but **MUST** bow out and the fight is awarded to the other person. This is to avoid faking or miraculous recoveries.

Duration of Bouts:

- Initial regulation round: 3 minutes
- First extension (if necessary): 2 minutes
- Second extension (if necessary): 1 minute
- If the match is still ruled a draw after the 2nd extension, the competitors will be weighed. The lighter competitor will win if he/she weighs 10 or more pounds less than his/her opponent.
- If there is less than a 10 pound difference in weight, the competitors will fight a third extension of 1 minute, after which **each judge must render a decision** (they cannot call a draw).

Legal (Allowed) Techniques:

Jodan (Head level)

- All kicks to the head including knees

Chudan (Body level)

- All punches to the front or sides of the torso
- All kicks to the front or sides of the torso

Gedan (Lower level - specifically the legs)

- Any mawashi geri (round kicks) below the hips either inside or outside of the legs

ADULT FULL CONTACT RULES (CONTINUED)...

Illegal (Disallowed) Techniques:

- Any attack to the opponent's head, face and neck with the open hand, fist or any part of the arm. Except in exceptional circumstances, this will normally merit an automatic disqualification.
- Kicks to the groin
- Head thrust or butts
- Kicks to any part of the knee
- Grabbing or holding an opponent or his/her dogi
- Elbow strikes to any part of the opponent's back
- Striking or kicking an opponent who has been downed, unless the attack immediately follows the sweep or downing technique, in which case contact is not allowed.
- Making an attack from the floor after having been downed by the opponent. (This should not be confused with an opponent defending himself whilst on the floor).
- Failing to obey the referee's instructions during the bout
- Any other techniques or practice that the referee of the contest shall decide is improper or unfair, including any disrespectful or improper behaviour by coaches or Senseis.

Official Warning:

- The Sushin may give unofficial warnings to the competitors during the progress of the match.
- The Sushin may give an official warning (chui) with or without a majority decision from all referees (Fukushin).
- 2 official warnings constitute a major warning (genten) at which point the competitor will not be able to receive a winning decision.
- A waza-ari wipes out a genten and gives a slight advantage to the competitor. If a decision is rendered, this competitor cannot lose. It is either a tie (extension) or a win, unless the other competitor has a waza-ari, in which case the match can be a tie or awarded to either.
- 2 genten in a round constitute an immediate disqualification (shikkaku). A genten or chui is erased if there is an extension round.
- The Sushin may immediately give a chui or disqualify a competitor if it is felt that there is a clear violation.
- A competitor may be disqualified immediately if it is felt that he/she or the Sensei/coach shows a lack of sportsmanship or disrespect to the opponent or officials.
- Decisions made by the Sushin or the supreme judge, as designated by the tournament director, are final.



KNOCKDOWN REGISTRATION

Last Name _____ First Name _____

Address _____ City _____ Country _____

Tel _____ Date of Birth (yy/mm/dd) _____

M/F _____ Weight (lbs) _____ Height (ft. in.) _____ Rank _____

Dojo _____ Instructor _____ Style _____

Years of Full Contact/Knockdown Experience _____ No. of Tournaments _____

I, the undersigned, do hereby submit my application for the **Matsushima Canadian Championships** karate tournament held on the 29th of May, 2010, in Kirkland, Quebec. I hereby assume full responsibility for any or all injuries or damages or losses that may be sustained or incurred by me while competing or while in attendance at said event.

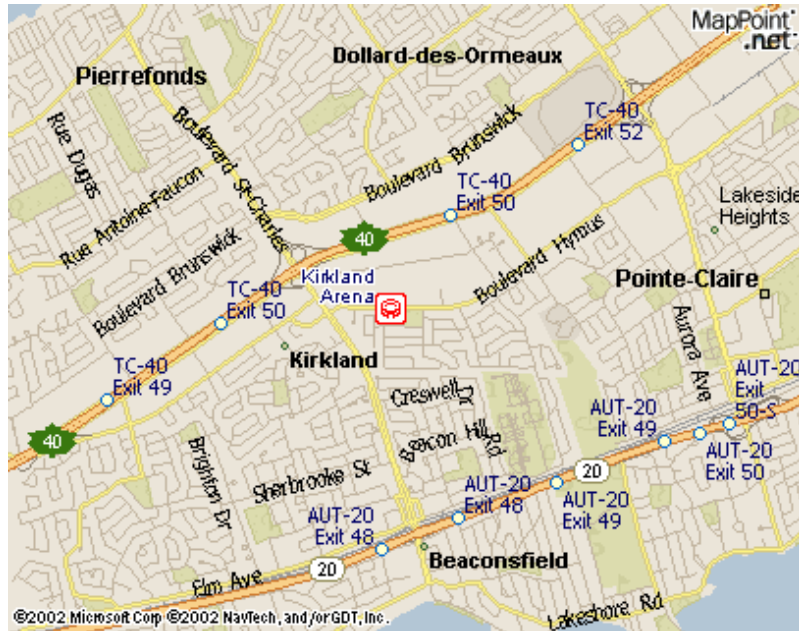
I also acknowledge the inherent nature of this tournament and the possibility of injury as the competition involves some contact. Therefore, I hereby waive all claims against The Canadian Kyokushin Organization, Shihan Roman Szyrajew or West Island Kyokushin Karate or any person involved therein, or in the I.K.O. Matsushima Group or any agents of said organizations, promoters, staff, judges, referees or competitors of the tournament against any injuries or damages or losses that may occur or that I may suffer and hereby consent not to sue any such individuals or organizations involved in the said tournament for any reason whatsoever, as I hereby certify that I am assuming all risks resulting from this tournament. It is understood that this is a sporting event that involves physical contact. It is understood that any treatment given for any possible injury will be of first-aid type only. I give consent to any and all reproduction of my likeness created in any manner (pictures, videos and the like) for promotional or publicity use and waive any claim for compensation. Please note that this is an application and may be refused at the organizer's discretion, and that there will be no refund whatsoever by reason of any kind of disqualification or expulsion. **The director reserves the right to verify any information by asking for picture identification or re-weighing of any competitor. Immediate disqualification without reimbursement from the tournament will be the result of any false information provided, including as to weight, rank or age.**

I have fully read, understand, and agree to all the terms of the application and rules of the tournament. Signed:

Signature _____ Date _____ City _____

MAP AND DIRECTIONS TO THE TOURNAMENT

Place: **Kirkland Arena**
16950, Boul. Hymus
Kirkland, Quebec.
H9J 3Y8



Directions: **Direction TC-40 (AutoRoute Transcanadienne):**
Exit Boul. St.Charles South
Left on Boul. Hymus - arena is on your right

Direction Autoroute 20:
Exit Boul. St.Charles North
Right on Boul. Hymus - arena is on your right

Accommodations: Holiday Inn Pointe-Claire
6700 Trans Canada Highway
Pointe Claire, Quebec.
H9R 1C2
514-697-7110
(5 minutes to the Kirkland Arena)

A limited block of rooms is reserved for the Matsushima Canadian Championships at a group rate of \$117/night.

April 23rd, 2010, is the cutoff date for the block reservation.